

Personal hygiene instructions

to limit possible chains of infection



We are not being rude!

... but rather cautious when we refrain from shaking hands with others. We'll reward you with a smile for being so considerate!



Wash your hands thoroughly

Wash your hands regularly and thoroughly with soap.



Sneeze into your elbow

Sneeze into your elbow and turn away from other people.



Do not touch your face with your hands

Avoid putting your hands on your face.



Disposable tissues

Use disposable tissues, and use them only once.